



*APPETIZER

MUSSELS (STEAMED OR SAILORLIKE)
STAMED COCKLES
CLAMS (GRILLED OR SAILORLIKE)
SQUIDS (BREADED)
SEPIA (GRILLED OR FRIED)
SQUIDS (FRIED)
HAM CROQUETTES
DELIGHTS "La Mar de Bo"
ASSORTMENT OF FRIED FISHES
HAM "IBERICO".



*STARTERS

FISH SOUP
SEAFOOD CREAM
GREEN SALAD
CHEF'S SALAD
SALAD "La Mar de Bo"
MEDITERRANEAN SALAD WITH PARMESAN
ESPARRAGUS (EXTRA)
COCKTAIL OF PRAWN OR SEAFOOD
SAUTE PEPPERS WITH PRAWNS
FRIED ASSORTMENT (SQUIDS, BABY SQUIDS AND FISHES)
SPAGUETTIS (NAPOLITANA OR CARBONARA)
SEAFOOD SPAGUETTIS



*MEAT

GRILLED ENTRECOTE OR WITH SAUCE
GRILLED SIRLOIN OR WITH SAUCE
GRILLED BEEFSTEAK



*OUR RICE

SEAFOOD PAELLA
SPECIAL PAELLA "La Mar de Bo".
"FIDEUA" WITH SEAFOOD
BLACK RICE WITH SMALL PRAWNS
A BANDA RICE (MADE WITH ALLIOLI)



*FISHES

HAKE (GRILLED OR BREADED)
HAKE AT THE BASQUE'S FASHION
GRILLED SALMON
ANGLER (GRILLED OR BREADED)
ANGLER WITH "CAFE DE PARIS SAUCE"
SUQUET "La Mar de Bo" (ANGLER-FISH)
GRILLED SOLE OR WITH ALMONDS SAUCE
COD "IN BAKING TIN"
GILTHEAD COOKED IN OVEN OR SALT
"PARRILLADA" (ASSORTMENT OF FISHES)
MARISCADA (ASSORTMENT OF SEAFOOD)
SPECIAL MARISCADA "La Mar de Bo"
CRAYFISH GRILLED
GRILLED RED PRAWNS



*OUR SAUCES

ROQUEFORT
CAFÉ DE PARIS
PIMIENTA